



INTIMATE
WELLNESS INSTITUTE™

UROGYNECOLOGY · TOP DOCTORS®

Urinary Incontinence.

A common, often misunderstood condition that can deeply affect quality of life. At IWI we don't just treat symptoms, we restore function, confidence, and comfort, with solutions tailored to you.

Types of Incontinence

Stress

Leaks during coughing, sneezing, laughing, or lifting. The most common form.

Urge

Sudden, intense urge to urinate; overactive bladder.

Overflow

Bladder doesn't fully empty, causing continuous dribbling.

Mixed

A combination of two or more types, most often urge and stress.

Comprehensive Treatment



Pelvic floor therapy & lifestyle modifications



Non-invasive laser, RF & Emsella™ therapy



Targeted medication plans



Minimally invasive sub-urethral sling surgery

Diagnosis begins with an empathetic consultation and advanced testing led by Dr. Nathan Guerette.

Schedule a consultation.

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Scan to get
in touch

You are not alone,
and relief is within reach.